



High School Ski and Snowboard Trip to Mt Ste Anne 2024 February 22 -24, 2024

This excursion is subject to Board approval.

Dear Parent(s)/Guardian(s);

This excursion is being organized for students in grades 9-12 to Mt Ste Anne ski resort in Quebec. This initiative supports the curriculum expectations that promote a healthy and active lifestyle for all students.

The dates of this trip are Thursday, February 22, 2024, to Saturday, February 24, 2024. We will depart from St Mark High School at 6:45 am and travel by Leduc Bus Lines coach bus to the Delta Marriott Mont Ste. Anne. Once there, students will enjoy 3 days and 1 night of skiing and snowboarding at Mt Ste Anne. During the trip, the students will enjoy a tour walking tour of Old Quebec City. On Saturday, after a day of skiing, we will return to St Mark High School at approximately 9:00 pm. Please make arrangements to drop off and pick up your child at designated times.

Students will enjoy 4-star accommodations at the Delta Marriott Mont Ste. Anne. If requested, students may register for a ski or snowboard skills session from certified instructors at Mt Ste Anne.

In accordance with OPHEA guidelines, this trip meets or exceeds the recommendations for this type of activity. All students are required to wear a properly fitting certified snowsport helmet. Snowboarders are also encouraged to wear wrist guards. If a student does not have any of the required equipment, any/all of the gear can be rented from the ski hill. If students wish to gain access to the Terrain Park, a signed permission form from Mt Ste Anne must be completed and brought to the ski resort. Only students with Terrain Passes will be allowed access to the park. Students will be outside for a prolonged period of time so they must dress accordingly in proper clothes for the ski hill and the walking tour of old Quebec City. Students are encouraged to bring a water bottle to stay well hydrated. In the event of an emergency situation, teacher supervisors will be contacted by ski patrol and the Ski Evolution Tour Director via pagers and/ or cell phones. As well, students will participate in an information session regarding concussion awareness and prevention prior to this excursion. Students who are not able to attend will **NOT** be allowed to participate. As well, students are not permitted to use the pool or hot tub as it is not supervised by a licensed lifeguard.

The base cost of the trip, \$535, includes 3 days and 1 night of skiing/ snowboarding, plus 2 nights of accommodations, transportation, and 1 dinner. All other meals/ snacks/ drinks can be purchased on the hill. As well, students may bring their own snacks/ drinks for the morning or in the evening. Please note, there is no access to the room during the day.

Please review and sign all necessary permission forms. Once a student has been selected, a link for payment through School Cash Online will be shared. We do ask for a room deposit of \$30 - cash or cheque. This will be returned once the hotel clears the room for damages. If a student withdraws from the trip and a replacement is not possible, a fee for the bus and hotel must still be paid; therefore a partial refund will be made. If the trip is cancelled due to unforeseen circumstances, a refund may be possible. If you have any questions or concerns, please contact Mrs. Wilson at the school, 613-692-2551, ext. 239

Sincerely,

Michael Curry - Principal

Mrs. Tanya E Wilson – Trip Supervisor

*Form Due in Student Services: **Friday, October 20th, 2023***
*Payment School Cash Online due: **Friday, October 27th, 2023***